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Staple Recipes

Smoothies, Juices, Lemon Water, Ormus Greens

Salad Dressings

Sweet Balsamic
Creamy Dijon (Almond Cheese Salad)
Caesar (Traditional Italian Caesar Salad)
Greek (Greek Village Salad)
Classic Asian (Bok Choy & Brussels Salad)

Soups

Spring: Pea Potato Arugula, Creamy Tomato, Potato Leek
Fall: Creamy Cauliflower,
Winter: Lentil Stew, Gameday Chili

Salads

Greek Village Salad
Almond Cheese Salad
Kale Avocado Hempseed Salad
Mexican Fiesta Salad
Spring Quinoa Salad
Italian Caesar

Green Meals

Sweet and Creamy Broccoli Rabe
Balsamic Brussels
Creamy Sesame Dandelion
Mediterranean Spinach

Plant-Based Meals

Mushroom Onion Barley Risotto
Lentil Sliders/Red Pepper Sauce
Creamy Roasted Cauliflower
Eggplant Lasagna

Party Foods/Appetizers

Greek Dip
Healthiest Pesto Ever
Olive Tapenade
Grilled Artichoke Hearts
Traditional Tabouli
Guacamole

Desserts/Snacks

Chocolate Pudding
Superfood Bars
Holiday Bark
Hot Chocolate Heaven
Chia Pudding
Açaí bowl